

Impact Report

Reporting Period: January - December 2025



Introduction

Spoken Outdoors is a 501(c)(3) nonprofit based in Coeur d'Alene, Idaho, dedicated to serving America's Protectors—law enforcement, firefighters, EMS personnel, and veterans—through transformative outdoor experiences. In 2025, we expanded our reach, deepened our impact, and strengthened our community through a series of healing and empowering events in nature.



Total Individuals Served	Volunteer Hours	New Partnerships	Total Expenses	Program Efficiency Ratio
450+	500+	5	\$57,415	73%

95%* of participants reported improved well-being post-event.

*Based on immediate feedback

Mission & Vision

Mission

To promote healing, build confidence, and foster community among America's Protectors through outdoor adventures.

Vision

A world where those who serve and protect are supported in their healing journeys and celebrated for their resilience.

Service. Healing. Hope.

www.SpokenOutdoors.org

President@SpokenOutdoors.org | 253-720-6820

EIN 92-373543 | Coeur D'Alene, Idaho 83815

Program Highlights

One Day Healing Fishing Events

- Locations: Montana, Idaho | 34 veteran and first responder Participants
- Facilitated therapeutic fly-fishing sessions for small groups. These activities support mindfulness, alleviate stress, and provide opportunities for reflection, enabling veterans and first responders to reconnect with themselves and benefit from the restorative effects of nature. Wheelchair-accessible drift boats are available.

Multi-day River Recovery Expeditions

- Locations: Deschutes River, Maupin, Oregon | 6 first responder Participants
- Over the course of a three-day rafting trip on the Deschutes River, participants had the opportunity to spend time away from routine activities. The river setting and group experiences were associated with lower reported stress levels and an increased sense of purpose.

River Program Impact

"Overall, the experience was wonderful, beautiful, and fun. Our team got to laugh and bond while floating down beautiful scenery. There was no pressure."
- First Responder Mental Health Clinician.

Total Participants	Total Boats	Total Days	Total Boat Days
40	21	13	33

Additional Programs

Canfield Event - Honoring the Fallen, Supporting the Living

- Locations: Kootenai County, Idaho | 425+ Participants
- After two firefighters were killed and another was injured, Spoken Outdoors supplied more than 400 meals to firehouses and the hospital serving first responders and their families. This initiative allowed crews to remain together during this time. The meals provided opportunities for interaction and support, and community involvement demonstrated assistance offered to local firefighters.

Shield & Flame Event - Honoring the Fallen, Supporting the Living

- Locations: Kootenai County, Idaho | 10 first responder Participants
- Honoring those lost and injured in the Canfield Event by offering a dedicated day of wellness on the Kootenai River. Ten SWAT, FBI, and Fire members who were directly involved in the rescue efforts participated in this event. The river trip fostered reflection, camaraderie, and the development of healthy coping strategies, further reinforcing the community's ongoing support for the well-being and resilience of its first responders.